

# DENTISTRY ON PARKSIDE NEWS BITES

LOCALLY OWNED DENTAL PRACTICE

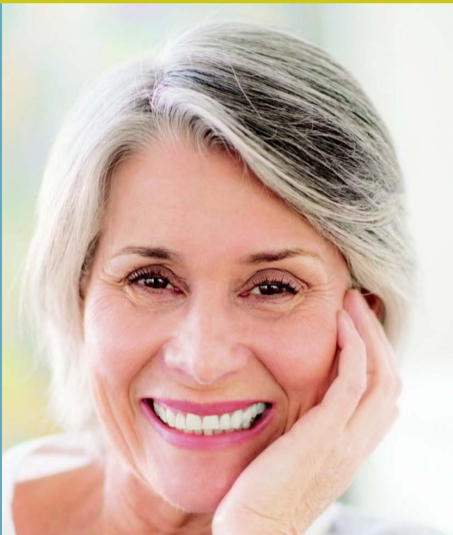
## Welcome to the Dentistry on Parkside August 2021 newsletter

### Soup or steak?

Implants are a modern, non-removable option for missing teeth which look and function like natural teeth.

They are also used for stabilising and retaining over dentures.

Call to make an appointment with Michael Holdaway or Arun Velusamy to discuss your implant and over denture needs.



### Oral Health Therapists

#### What does the Oral Health Therapist do?

The Oral Health Therapist will examine your gums and the soft tissues of your mouth, identifying any areas of concern. She will then gently and meticulously remove plaque and tartar from around your teeth and under the gumline and will polish off any surface staining from your teeth.

The Oral Health Therapist will also show you how to brush and clean between your teeth effectively so that you can manage and improve your own dental health at home and give you practical diet advice to help keep your teeth healthy.



Mildred Reburiano

### Community Service Card Holders

Free dental care is offered at Dentistry on Parkside for two days in August for Community Service Card Holders.

Dentistry on Parkside together with New Zealand Dental Association has run free dental days annually for low income families with a current Community Service Card since 2018.

These days are fully booked for this year, but Dentistry on Parkside will provide this service again next year

Arun Velusamu, Michael Holdaway and Amanda Sia are the Dentists that are volunteering this year.

Being a locally owned family practice, we want our local people to take up this opportunity to address their dental problems.

If you missed out on these days and have a Community Service Card this can be used for emergency dental treatment with a small co-payment.

#### Why do I need healthy gums?

Having a healthy mouth contributes towards your overall health and well being. Research has shown there are links between periodontitis and systemic conditions such as diabetes and heart disease.

We would encourage people to visit our Oral Health Therapists regularly.

Our Oral Health Therapists also provide a free consultation to discuss teeth whitening.



Brianna Kent

### Dentists



Arun Velusamy  
Principal Dentist



Michael Holdaway



Phodiso Magbagbeola



Amanda Sia

OPEN LATE NIGHTS AND SATURDAY • ONLINE APPOINTMENT BOOKING ALSO AVAILABLE



Phone: 03 308 7472  
Visit: 80 Park Street, Ashburton  
Book: [dentistryonparkside.co.nz](http://dentistryonparkside.co.nz)  
Facebook: [fb.com/DOPAshburton](https://www.facebook.com/DOPAshburton)

Hours:  
Mon - Thurs 8am - 7pm  
Fri 8am - 5pm  
Sat 8.30am - 1pm

